

NANTUCKET COMMUNITY POOL ~ PUBLIC LAP HOURS ~ JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1/6 CLOSED SUNDAYS	1/7 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/9 Adult Lap 6:00AM – 9:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/9 Adult Lap 6:00AM - 8:30AM 9:30AM – 10:30AM 11:15AM - 12:15PM No Evening Lap or Family Swim NHS Swim Meet Hydrofitness – 7:00AM (2) Aquacise – 9:30AM (2)	1/10 Adult Lap 6:00AM - 8:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/11 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/12 Adult Lap 7:00AM – 9:00AM NO PUBLIC HOURS 12:00PM – 5:00PM NANTUCKET HIGH SCHOOL SWIM MEET
1/13 CLOSED SUNDAYS	1/14 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/15 Adult Lap 6:00AM – 9:30AM 11:15AM - 12:15PM No Evening Lap or Family Swim NHS Swim Meet	1/16 Adult Lap 6:00AM - 8:30AM 9:30AM – 10:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3) Hydrofitness – 7:00AM (2) Aquacise – 9:30AM (2)	1/17 Adult Lap 6:00AM - 8:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/18 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/19 Adult Lap 7:00AM – 9:00AM 12:00PM – 1:00PM NO PUBLIC HOURS 1:00PM – 5:00PM NANTUCKET HIGH SCHOOL SWIM MEET
1/20 CLOSED SUNDAYS	1/21 POOL & BUILDING CLOSED	1/22 Adult Lap 6:00AM – 9:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/23 Adult Lap 6:00AM - 1:00PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3) Hydrofitness – 7:00AM (2) Aquacise – 9:30AM (2)	1/24 Adult Lap 6:00AM - 8:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/25 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/26 Adult Lap 7:00AM – 9:00AM 12:00PM – 1:00PM NO PUBLIC HOURS 1:00PM – 5:00PM NANTUCKET HIGH SCHOOL SWIM MEET
1/27 CLOSED SUNDAYS	1/28 Adult Lap 6:00AM - 8:30AM 11:15AM - 1:15PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	1/29 Adult Lap 6:00AM – 9:30AM 11:15AM - 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	1/30 Adult Lap 6:00AM – 8:30AM 9:30AM – 12:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3) Hydrofitness – 7:00AM (2) Aquacise – 9:30AM (2)	1/31 Adult Lap 6:00AM – 7:45AM 8:45AM – 10:30AM 11:15AM – 1:15PM Open Lap w/ Family Swim 5:30PM – 6:30PM Open Lap (3 Lanes) 6:30PM – 7:00PM (3)	2/1 Adult Lap 6:00AM – 7:45AM 10:30AM – 1:00PM Open Lap 5:30PM – 6:30PM 6:30PM – 7:00PM (3 Lanes) Hydrofitness – 7:00AM (2) Aquacise – 11:15AM (2)	2/2 Adult Lap 7:00AM – 9:00AM 12:00PM – 1:00PM Open Lap w/ Family Swim 1:00PM – 4:00PM Open Lap 4:00PM – 5:00PM

Adult Lap (18+ years old): Adults swim in lane formations either by splitting the lane or circle swimming. One (1) lane is available for stationary exercise; maximum of Five (5) swimmers per lane

Open Lap: Competitive Youth Swimmers (8-17 years old) as well as Adults have access to lanes for Lap Swimming

Family/Recreational Swim: Youth & Families swim in a recreational setting. Youths must meet minimum skill & age requirements. A parent or adult caregiver must be in the water with any swimmer under the age of 6.

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